June 10, 2022

#### Attendance

Review of Work comp Injuries

1. Irv at Winnebago ACE

No Liability Claims

Last Month we discussed Hazardous Chemicals in the Work Place. We asked that you and store Manager walk the store and see what chemicals you found that are being used that are not ECHO Lab products. Did you remove those products? If found that these are essential products that staff are using, do you or did you get a Safety Data Sheet in the MSDS book?

Safety Courses - continue to push all associates to do the safety courses assigned. New Employees should be taking safety courses upon hire. They should be completed within a week of hire.

Grocery Store Employee Safety Manuel - has a lot of good and concise information. We will review some of these policies each month. Will try to review according to to season and recent events.

This meeting we will review; Page 8, 8, 11,12 and 13. - General Emergency guidelines, Evacuation, fire

Safety, Sexual Harrassment, Physical Treat Control Procedures and Robberies. Deeting and Reognition dena-Stockton - Reserved - Stockton Park Huse Kewaseer (Mile H. gone) Kingt go. Purple Aut (Stauss Park)

Friag July 8 - 10:00 Am

10,510.0

\* Restrictions 5/24/22 - 5/31/22 • X-Reg Normule 5/24/22? If Longer Employee ph#

Employee SS#

ILLINOIS FORM 45: EN	APLOYER'S FIRST	REPORT OF INJURY	Please type or print.			
Employer's FEIN	Date of report	Case or File #	Is this a lost workday case?			
36-2868676	5-24.77		Yes (No			
Employer's name	4	Doing business as				
J.B. Sullivan	Inc.	Sullivans	foods			
Employer's mailing address			Employer's email address			
PO BOX 387	Salana	, TL 61074	KChristensen & Sullivano Foodso net			
Nature of business or service	O SECONT IT ICE	,	SIC code			
Super Marke	J		1			
Name of workers' compensation carr	Policy/Contract #	Self-insured?				
·		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Captive Yes IX No-			
Employee's full name			Birthdate			
tru •						
Employee's mailing address	}		Employee's e-mail address			
504 S Elide	( )		Employee 3 e mail address			
Gender Jelike	→ → Marital status	# Dependents	Employee's average weekly wage			
6			Employee's average weekly wage			
Male Female  Job title or occupation	(Married) Single		Date hired			
Ace Ass on	andser		Date miled			
Time employee began work	Date and time of accident		Last day employee worked			
8.50	2.50 5/23/22 10.51 a m					
If the employee died as a result of th	ne accident, give the date of d	death. Did the accident occur on	he employer's premises?			
	Nort	Yes No				
Address of accident		1 000 110				
* 703 M. EIN	la St Win	inchasio IL 6	1088			
What was the employee doing when		1				
How did the accident occur?	the Skild lo	adto				
	UE, Fell du					
What was the injury or illness? List the	he part of body affected and o					
Right Shoulder,	elhow	(distance from	n Seat )			
What object or substance, if any, dire		uses multip	ole time - Skirchoa			
Name and address of physician/healt	h care professional		<del> </del>			
1842 A S Wes	+ due Fre	ue po pt				
If treatment was given away from the	e worksite, list the name and a	address of the place it was given.				
Was the employee treated in an eme	rgency room?	Was the employee hospitalized ove	rnight as an inpatient?			
Yes (No						
Report prepared by	Signature		Enlail address			
12	Kaywetta Sis	459 5the 1915				

Please send this form to: ILLINOIS WORKERS' COMPENSATION COMMISSION 4500 S. SIXTH ST. FRONTAGE RD SPRINGFIELD, IL 62703 By law, employers must keep accurate records of all work-related injuries and illness (except for certain minor injuries). Employers shall report to the Commission all injuries resulting in the loss of more than three scheduled workdays. Filing this form does not affect liability under the Workers' Compensation Act and is not incriminatory in any way. This information is confidential. IC45 8/12

\*To be emailed to Kathy Christensen

KChristensen & Sullivans Poods, red Within 48

of Accident

Who where when why

Shoulder Shoulder Restrictions till Next Appr

Supervisor's Report of Work Injury	
When was the accident reported to you? (Date & Time) 5/24/22	Jam
What was the nature and extent of the injury? Thurt fight arm.	Show like - a
Extent: Superficial, Minor Serious Ental Inc.	1300
Extent: Superficial, Minor, Serious, Fatal. Injury Type: Burn, Laceration, Sprain, Body Part: Left/Right Hand, Left/Right Foot, Lower Back, Etc.	Amputation Eracture
Body Part: Left/Right Hand, Left/Right Foot, Lower Back, Etc  What first aid was administered (if any)?	2.
By whom was first aid administered (if any)?	
Was physician seen? (Please list Doctor's Name and Clinic/Hospital)	
- health	Honal
What was the employee wearing (clothing and shoes)?	
Cause of social is	
Cause of accident? 5tubbed for and Fell	
Behavioral Causes:	
Performing without adequate to Conditional Causes:	
	20
Disregarding policy/procedure Defective equipment/tools	ig
Disregarding safety equipment inadequate PPE	
mazardous workplace	
Supervisor's Corrective Action Plan:	
Was this a violation of an	
Was this a violation of company policy? Yes No  Was the employee reprimanded?	
onside,	
Hiring Procedures/Orientation Procedures  Specific job instruction (15)	
	action
File Discipline	ection
Adequacy of Staff	
Environmental conditionals  Personal protective equipme	nt
Workplace arrangement	,
Which corrections have already taken place? Watching work con-	dit
Supervisor's Signature: Kengnette Sou Date: 5	124/22
	10 1/3 0 1
Injury Review process (Additional comments/recommendations of upper management or safety com	mittee)
	,

SULLIVANS	
10000	

# **Employee Job Description**

o Title: Ace	As M	anaged	Employer:	S'ULLIVAN'	S FOODS
o Title: A C C	5 tocking	Legrantme	ent, leading	mulch	rhand
		,	WAR BUILDING TO THE STATE OF		
ysical Requirements: General	Never	Partly	Occasionally	Frequently	Continua
Bend/Stoop		, artiy	- Octoor any	1.00	
Crouch				À	
Twist					
Crawl				14	-11-2-11-12-1-11-1
Climb			+	4	
Reach-Shldr Ht			+	Ñ.	
Grasp					
Kneel		· · · · · · · · · · · · · · · · · · ·	+	4	
Push/Pull		- y			
Finger Use			-		
Wrist Use					
Band Use			<del> </del>		
Finger Manip			1	1	
Foot Control					
Lifting	Never	Partly	Occasionally	Frequently	Continu
Up to 10lbs	1,10,10,1	1 4109	- Good Grand		1
11-24 lbs					7
25-34 lbs			1		
35-49 lbs	4	THE RESERVE THE PARTY OF THE PA			
50-74 lbs	3/				
75-100 lbs	<del></del>				
Carry	Never	Partly	Occasionally	Frequently	Continu
Up to 10lbs			1		7
11-24 lbs			1		1
25-34 lbs	14	- September 1			
35-49 lbs	2	-10		·	
50-74 lbs	7		1		
75-100 lbs	7				

<sup>\*</sup>Sullivan's Foods will accommodate any light duty work that can be offered.\*



# Employee's Report of Injury

Information About The Accident

Simple Accident
Place of Accident? Winnebago ACE Parting Lot 05/23/29 10:00
What were you doing before the accident? Loading bulk Mulch
for customer
How did the accident occurs A C
assume the exiling loader, tripped
on edge of bucket
Witness, If Any? ON Camera
Who did you report the injury to? Manage ment
What date did you report it? 65/24/29
Was Personal Protective Equipment (PPE) Provided? (If applicable)
N/A
What port of
What part of your body was injured? Right shoulder
What doctor/Clinic/Hospital is treating you? (Name, Address & Phone #)
- + relport DC
What treatment are you gotting? (24 )
What treatment are you getting? (Medications, Physical Therapy, Rest. Etc.)
Have you ever injured the same part of you body before? (If yes, please explain)
(" you, please explain)
Do you have any serious illn and a re-
Do you have any serious illnesses? (Diabetes, High Blood Pressure, Etc)
What could have been done to prevent this accident from happening?
ward was accident from nappening? Warch your step
Have you understood the
Have you understood the questions you've answered?
Were you wearing shoes from Shoes For Crews at the time of the incident?
Signature of Employee The Date: 05/94/79
Jane. 05/24/22

# **General Emergency Guidelines**

Stay calm and think through your actions.

Know the emergency numbers:

- o Fire/Police/Ambulance 911
- o Internal Emergency Number (Insert number, if applicable)
- o Human Resources (Insert number or extension)
- Page (Insert number and instructions, if applicable)
- o Operator "0"

If indoors, know where the exits are located.

In the event of any emergency, do not take elevators; use the stairs.

- Do not hesitate to call or alert others if you believe that an emergency is occurring; you will not be reprimanded if you act in good faith and it turns out to be a false alarm.
- First aid supplies and emergency equipment are located (insert location) for use by those who are authorized and properly trained. 151 Aid Perishable pepts and Service Dest.

# Evacuation Code Red

Employees will be notified of a possible fire, either by the fire alarm system or by a paged announcement.

Upon becoming aware of a potential fire, employees should immediately evacuate the job site. Do not delay
evacuation to get personal belongings or to wait for co-workers.

Supervisors should be the last persons to leave the area after checking the job site to be sure that all personnel has evacuated.

Any employee having a mobility, visual, hearing or other condition which may hinder them from becoming aware of an emergency or evacuating, should request special assistance through Human Resources.

Upon exiting the affected area, all personnel should report for a head count. (End of Parking Lots) vary If any employee is missing, an immediate report should be made to the incident commander who will in turn

report to the first available fire department officer. Employees should stay together in a group so that periodic updates on the situation can be issued.

The order to re-occupy a job site or building will be issued by the incident commander.

 In the event of inclement weather, the incident commander will make arrangements for all personnel to move to shelter.

#### **Fire Safety**

- Alert other persons in the immediate hazard area.
- Activate a fire alarm or call (insert name) to page an emergency announcement.
- If you have been trained, you can decide to use a fire extinguisher following these instructions:
  - P=Pull the safety pin
  - A=Aim the nozzle at the base of the fire
  - S=Squeeze the operating lever
  - S=Sweep side to side covering the base of the fire

\* When using a fire extinguisher, always stay between the fire and an exit; stay low and back away when the fire is extinguished.

\* Never feel that using a fire extinguisher is required. If the fire is too hot, too smoky or you are frightened, evacuate immediately.

Have someone notify the incident commander of where the fire is located. They will relay this information to the fire department.

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# **Emergency Action Plan**

#### **Medical Emergency**

- Upon discovering a medical emergency, call 911.
- Notify the supervisor and report the nature of the medical emergency and location.
- Stay with the person involved and careful not to come in contact with any bodily fluids.
- Send two persons (greeters) to receive emergency responders. Often two fire department units will arrive, so the second greeter should wait at the entrance to receive the second unit while the first greeter escorts the fire department personnel to the scene.
- Employees in the immediate vicinity of the emergency, but not directly involved, should leave the area.
- Human Resources will make any necessary notifications to family members of the person suffering the medical emergency.

#### Severe Weather

 Facility management will monitor a weather alert radio. If a severe weather report is issued, they will immediately page the following announcement: (insert announcement).

Employees will be instructed where to go for safety and should proceed there after all equipment has been shut down and secured. When the severe weather warning is cancelled, management will notify employees that it is safe to return to work areas.

| Ratheom 5 - | Product Cooling

#### Sexual Harassment Policy

does not tolerate harassment of our job applicants, employees, clients, guests, vendors, customers or persons doing business with . Any form of harassment related to an employee's race, color, sex, religion, national origin, age, citizenship status, veteran status or handicap is a violation of this policy and will be treated as a disciplinary matter. For these purposes, the term harassment includes, but is not limited to, slurs, jokes, or other verbal, graphic or physical conduct relating to an individual's race, color, sex, religion or national origin; sexual advances; requests for sexual favors and other verbal, graphic or physical conduct of a sexual nature.

Violation of this policy by an employee shall subject that employee to disciplinary action, up to and including immediate discharge.

Sexual harassment, one type of prohibited harassment, has been defined according to guidelines as:

- Unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature when:
  - Submission to such conduct is made a term or condition, either explicitly or implicitly, of an individual's employment;
  - Submission to or rejection of such conduct by an individual is used as a factor in decisions affecting that individual's employment; or
  - Such conduct has the purpose or effect of substantially interfering with an individual's work performance
    or creates an intimidating, hostile or offensive working environment.

Examples of conduct prohibited by this policy include but are not limited to:

- Unwelcome sexual flirtation, advances or propositions;
- Verbal comments related to an individual's age, race, gender, color, religion, national origin, disability or sexual orientation;
- Explicit or degrading verbal comments about another individual or their appearance;
- The display of sexually suggestive pictures or objects in any workplace location including transmission or display via computer;
- Any sexually offensive or abusive physical conduct;
- The taking of or the refusal to take any personnel action based on an employee's submission to or referral of sexual overtures;
- Displaying cartoons or telling jokes that relate to an individual's age, race, gender, color, religion, national origin, disability or sexual orientation.

Harassment of our employees in connection with their work by non-employees may also be a violation of this policy. Any employee who becomes aware of any harassment of an employee by a non-employee should report such harassment to their supervisor. Appropriate action will be taken with respect to violation of this policy by any non-employee.

If you believe that you are being subjected to workplace harassment, you should:

- 1. Tell the harasser that their actions are not welcome and they must stop, if you feel comfortable enough to do so.
- Report the incident immediately to your supervisor/manager, the site Human Resources representative, or the Employee Relations Department.
- 3. Report any additional incidents that may occur to one of the above resources.

Any reported incident will be investigated. Complaints and actions taken to resolve complaints will be handled as confidentially as possible, given 's obligation to investigate and act upon reports of such harassment.

Retaliation of any kind against an employee who reports a suspected incident of sexual harassment is prohibited. An employee who violates this policy or retaliates against an employee in any way will be subject to disciplinary action up to and including termination.

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# Workplace Violence

has a zero-tolerance policy for violence in the workplace. Employees that engage in threatening or violent behavior will face disciplinary action, up to and including termination.

- Any employee who feels that they have been threatened should immediately report their concern to their supervisor and to Human Resources.
- If any person is observed exhibiting threatening behavior or making threatening statements, the person discovering the situation should warn others in the area and immediately notify Human Resources. Always stay away from the person exhibiting threatening behavior.
- Depending upon the level of concern, the police department (911) should be called immediately.
- Never attempt to confront any person exhibiting threatening behavior.

If you have reason to believe that events in your personal life could result in acts of violence occurring at work, you are urged to confidentially discuss the issue with Human Resources so that a prevention plan can be developed.

# Job-Specific Safety Precautions

## **Physical Threat Control Procedures**

- 1. If you perceive the possibility of a physical threat, use the emergency telephone number listed near the telephone.
- 2. If you perceive no immediate physical threat:
  - a. Notify other staff members and have a stand-by to render assistance.
  - b. State clearly who you are and what you can do to help.
- If you perceive the possibility of severe physical injury:
  - a. Assume a non threatening physical posture and voice tone.
  - b. State in clear concise terms what you want the individual to do.
  - c. State what you can do to help.
  - d. Speak with authority.
  - e. Make direct commands.
  - Set a time limit. At the end of set time, seek assistance from a staff member.
- . If you are assaulted:
  - a. Leave the area.
  - b. Report assault to appropriate party(ies).
  - Do not return alone. Bring assistance with you.

#### Robberies

. Greet all customers that come into the store.

- If an argument or fight breaks out on the premises, call the police and do not use physical force.
- Do not be drawn outside the store for any reason.
- 4. Do not try to physically stop a shoplifter.
- 5. Keep the robbery as short as possible. Do not resist or argue with a robber.
- 6. Keep your hands visible at all times.
- . Warn the robber of the movements you are going to make such as reaching for a bag or opening the cash register.
- 8. Do not chase or follow the robber as he leaves; call the police.
  - . Do not pull a weapon if you are being held up.

## **Slicers**

- Turn off slicers before making measurements, adjustments or repairs.
- 2. Do not stop looking at what you are slicing, while you are using a slicer.
- 3. Do not place your hand on top of the blade guard while you are operating the slicer.
- Wear a wire mesh or Kevlar glove when cleaning the exposed edge of the slicer knife.
- 5. Do not remove the safe operating instruction labels from the slicer
- 6. Place meat on the slicer.
- 7. Slide the guard over the end of the meat opposite the blade.
- 8. Set the machine to the desired slicing width.
- 9. Turn the switch to the 'on' position.
- 10. Grip the handle on the chassis guard with your right hand and the handle on the machine with your left hand.
- 11. Slide the chassis back and forth to achieve the desired amount of sliced meat.

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